

# the Friends of Loring Park

2017 Spring

Volume 20, No.1

*You're Invited to the 20th Annual  
Friends of Loring Park Gardens*

## *Spring Garden Kick-off!*

**Saturday, May 13th, 10AM until noon**

**Loring Community Arts Center**

**Guest Speaker:**

**Dr. Lee Frelich, *Science of Climate Change***

**Veteran, new and potential volunteers**

**All are warmly welcomed**

*Music, Food and Door Prizes!*



It is with great sorrow that we say goodbye to Friends of Loring Park co-founder and past president, Lone Siegel, who died April 4th at the age of 88.

Her vision for Loring Park and the surrounding neighborhood was matched only by her willingness to take on the hard work of making it happen.

"Lone Siegel is legendary in the Loring Park neighborhood," said Jana Metge, coordinator for Citizens for Loring Park. "She was like no other—genuine, passionate about the neighborhood, a doer, quietly advocating for our park and getting things done."

No matter where one stands in Loring Park, it will be near something beautiful that Lone had a hand in bringing to life. She left an enduring mark on the Loring landscape.

*To read more about Lone's life, visit <http://tinyurl.com/ionesiegel>*

Welcome spring! This spring, as we anticipate greeting our regular team of volunteers, we are also looking forward to inviting new members to share in planting and maintaining our beautiful Garden of Seasons. Please help spread the word!

Over the winter, the revised Loring Park Master Plan has continued progressing towards final approval by the Minneapolis Park and Recreation Board (MPRB). The MPRB and the City of Minneapolis, through the Pathway to Places planning process, developed a vision and funding to rebuild and enhance all Minneapolis Parks over the next twenty years. As part of that program, Loring Park's Master Plan was revisited through a public

## **President's Message**

planning process. On March 6th the 45-day public comment period ended. MPRB staff is revisiting the plan in light of the comments, and will present the plan to the Park Board, after which the MPRB will hold a public hearing to approve the plan for Loring Park. If you would like to see the plan go to <https://tinyurl.com/mprbmaster>. If you have questions please contact me by leaving a message on the Garden Hotline, 612-673-5935 or by email: [davidthile@juno.com](mailto:davidthile@juno.com).

The Friends of Loring Park Board heartily invites you to join us once again for Spring Garden Kick-Off Party. We will share a light

brunch and our enthusiasm for the 2017 planting season. Experts in wellness encourage one and all to be social, do some regular exercise, get more vitamin D, and become involved in "something bigger than yourself." Who knew choosing to become active in Loring Park would be so good for us?

The Friends' Board would like to thank all our volunteers and donors: Thank you for supporting Loring Park, it is *your* beautiful park!

*—David Hile, FLP Board President*

# Dr. Lee Frelich: *The Science of Climate Change*

Hundreds of millions of dollars from coal and oil companies have been spent to deliberately mislead the public about climate change in the news media, and even in fake science journals with articles written by fake scientists. Although there are some exceptions, many news media outlets have adopted a 'false balance' approach to climate change, by providing alternative views. Looking at both sides (or more commonly multiple sides) of issues is fine for many social and political issues. However, at this point, providing an alternative point of view for whether human-caused climate change is real, is like providing the 'alternative view' that gravity doesn't exist every time an airplane crash is reported in the news. There are no such things as alternative facts.



Here is the basic science of climate change (more details will come in future writings and presentations). For reasons that will become obvious in the next few sentences, let's start with photosynthesis. Trees take Carbon dioxide (CO<sub>2</sub>) from the air, combine it with water, and with the help of energy from the sun, turn it into carbohydrates that are used to make cellulose and other organic materials that build the wooden structure of trees. After trees die, they rot, reversing the photosynthesis chemical reaction, starting with cellulose and adding oxygen to form CO<sub>2</sub> and water, also giving off heat in the process. For trees that died millions of years ago, fell into swamps, and later transformed into fossil fuels such as coal and oil, that decomposition process is delayed until we extract the fossil fuels and burn them. Burning fossil fuels reverses photosynthesis that created them in the first place. Combustion is essentially the same as decomposition, but at a much higher rate, and also gives off CO<sub>2</sub> and water, and heat as the useful byproduct that we use to run engines, make electricity and heat buildings.

CO<sub>2</sub> (and some other invisible substances like methane) are so-called greenhouse gases that are emitted to the atmosphere when we burn any type of fossil fuel. Almost 200 years ago, the French scientist Fourier discovered that gases in the air can absorb and retain infrared radiation (commonly known as radiant heat), in other words, that there is a greenhouse effect. The Irish scientist Tyndall established—in the 1860s—that CO<sub>2</sub> was a greenhouse gas and proposed that it played an

important role in changing the climate of the Earth over geological time. The next major player was the Swedish scientist Svante Arrhenius. He is the father of the contemporary concept of global warming (although it was not called that at the time he lived), as warming of the Earth's climate caused by human activity. He knew that CO<sub>2</sub> is a greenhouse gas that acts like a blanket to trap heat in the lower atmosphere, and he also knew that humans were changing the CO<sub>2</sub> content of the atmosphere by burning fossil fuels. Putting these two facts together, he embarked on an amazing journey of scientific discovery, and (in 1896!), published the first projections for how much the climate of the Earth would warm if human actions doubled the CO<sub>2</sub> content of the atmosphere. His estimates were not far off from those of today's super computer-based global circulation models that also project future climates for various scenarios with rising levels of greenhouse gases. However, scientists have made major progress since Arrhenius; he was only able to project the mean temperature for the Earth as a whole, while today's models give us much more detail, with maps of local and regional projected changes in temperature and precipitation by season of the year.

Basically at this point, we are poised to put almost all of the CO<sub>2</sub> that the Earth's biota sequestered as fossil fuels over hundreds of millions of years, back into the atmosphere within little more than a century. Fossil fuel burning has already made the chemistry of the Earth's atmosphere (currently 406 parts per million CO<sub>2</sub>; it was 335 when I was in college) similar to that of the Neogene Period of Earth's history that ended 2.6 million years ago. Future atmospheric chemistry could even resemble the Cretaceous Period that ended 65 million years ago (along with the last dinosaurs). Atmospheric chemistry is the major driver of the Earth's climate systems and ecology, which control human quality of life and the economy.

I will cover more details of this amazing story of scientific discovery during my presentation at the Friends Garden Kickoff, Saturday, May 13, 10:00 to noon in the Loring Community Arts Center building.

*—Lee E. Frelich, Director  
University of Minnesota Center for Forest Ecology*

**Now You Can Donate Online! It's Easy, Fast, Secure.**

**<https://www.givemn.org/organization/friends-of-loring-park>**

# A Brief History of Loring Park

Loring Park was the first park purchased by the newly created Minneapolis Park Board in 1883. Originally named Central Park, it was a focal point for the new city, and the nexus from which the park system was created. The land was purchased under the leadership of Charles Loring, the Park Board's first President and an early civic leader. Loring, in tune with the progressive spirit of the times, was an advocate for creating urban parks, and is also credited with hiring the famed Theodore Wirth as park superintendent in 1906. Together, they created the park system we know today. Upon the end of Loring's leadership, the board members voted to change the name to Loring Park.

The original park design was created by landscape architect Horace Cleveland. Cleveland was a former partner of Fredrick Law Olmstead, the architect of Central Park in New York City and many other major city parks of the 19th century. Loring Park is one of the original examples of park development as an integral component of progressive urban planning.

The park today covers thirty-three acres. The purchase of the total acreage of the present site was completed in 1902, for the sum of \$350,000. Charles Loring donated a park building, the first in the park system, in 1906. The spring-fed lake, a natural feature of the park, was enlarged and enhanced for skating and fishing, and was once stocked as a dietary supplement to food rationing during World War Two. With the construction of I-94, the spring was destroyed and the lake has since been artificially maintained.

Gardens have historically been a dominant feature of Loring Park, and in the past extensive flower beds have graced the landscape. Loring Park suffered a period of decline during the 1960s and 70s, and the number of beds gradually fell, but a renaissance in the mid-90s: the Loring Park community, sparked by the Neighborhood Revitalization Program, and in collaboration with the Citizens

of Loring Park Neighborhood, the Friends of Loring Park, and the Minneapolis Park & Recreation Board created a master plan for the renovation of the park.

Recent developments at Loring Park, products of our collaborative and volunteer efforts, include the large circular Garden of Seasons, designed and maintained by the Loring neighborhood community, the rain garden adjacent to the Park Building, additional smaller gardens throughout the park; playgrounds

for children; basketball, horse-shoe, shuffle-board and tennis courts; and the renovation of the Performance Place, originally the superintendent's office. Loring hosts the Pride Celebration, The Loring Park Arts Festival, the Acoustic Music Festival, film series, and countless other performances and events. Loring Park continues its role as the "Central Park" of Minneapolis: the centerpiece of a divergent, diverse and dynamic community.

Loring Park was the nexus of our city's park system: today and into the future it will continue to hold a central place in the Minneapolis Parks.

—Bill Tresch



Loring Park circa 1913

## Benefits of Volunteering

Research has established a strong relationship between health and volunteer gardening. A 1991 study by the Ontario Ministry of Health indicated that volunteers have lower mortality rates, improved self-esteem, reduced high blood pressure, lowered stress, and improved immune systems.

My own volunteer experience in Loring Park gardens has been a most positive one. Before moving to a condo in the Loring Park

neighborhood, I'd always maintained huge gardens wherever I called home. I decided that volunteering in Loring's gardens would be a perfect transition. Volunteering has given me the satisfaction of helping to build a healthier community, and it's also been a wonderful way of reducing stress, encouraging a green lifestyle, and meeting great people who live in the area, and beyond.

Volunteer gardening offers many incredibly fun and dynamic opportunities to work with people from different backgrounds and skill levels, all sharing the goal of making our garden areas better for everyone.

A great way to enjoy the fruits of your labor is to come back to the park and sit on one of the benches to watch the hummingbirds, delight in the brilliant colors, and take in the fragrance of a huge variety of flowers. My personal joy is attending Morning Meditation, held at 7:00 am each Friday, May through late October. We meet in the middle of the Garden of the Seasons, and sit under the shadow of birch trees surrounded by a colorful mosaic of ground covers. Bliss.

—Tom Rosen

### Volunteer With Us!

- Learn or develop gardening skills & knowledge
- Become an active part of your community
  - Develop a sense of achievement and pride
- Maintain a healthy lifestyle
  - Make new friends

(Donations, continued from p.5)

#### TREES

Tim Outzen  
Bruce Langbein  
David Brink  
Dr. Sheldon & Pearl Sheps  
Kathryn McConnell & Sue Jones  
Caitlin Ackert  
Peggy MacRae  
Bruce W. Langbein

#### Via GIVEMN

Edward C. Forbes  
Sheldon Sheps  
Le Zhou  
Bette Goldberg  
Paula Vesely  
Julia Robinson  
Nancy Beach  
Wayne Schoeneck

Thanks to all who have contributed!

## We are looking for volunteers!

No Experience Needed

Contact Tom or Leslie:

tomrosen2002@yahoo.com

Lhagberg@Minneapolisparcs.org

## Contributions

Friends of Loring Park acknowledges the following gifts, which were gratefully received between September 16, 2016 and February 26, 2017

### GENERAL FUND

Nancy Maczka  
Bridget Hust  
Ellen Sovik  
Arthur Himmelman  
Jean Kennedy  
Mary & Peter Ritten  
Joan A. Growe  
David Braslau  
John & Susan Kueck  
Tom Arneson  
Sandy Morris  
John Harens  
Patricia L. Johnson  
Karen Bowen  
Tom & Gwynn Rosen  
David Doty, in memory  
of Mary W. Doty  
Donald & JoAnne Heltner  
Mary & Greer Lockhart  
Chris Nicol & Matt Kiser  
Margaret McGonagle  
Robert & Nancy Lindemeyer,  
for Robert Lindemeyer  
Derek Hook, cattail maintenance  
Tom Tinkham & Jacquelyn Hauser  
Terrence Fruth & Mary McEvoy  
Kim Havey, in honor of Lone Siegel  
Phyllis Campbell & Richard Tow  
William Tresch & Sherry Brooks

Wendy Reynolds  
Tom & Pat Scott  
Sandy Svee  
Cynthia Moet  
Paul Barber  
Andrew Odlyzko  
Mary Ann McGuire  
Rondi Erickson  
Clyde Hanson  
Nancy Miller  
E. Leyasmeyer  
Jeanne Smith  
James Erickson  
John & Elizabeth Verhoeven  
Angelos & Terri Siderakos  
Arlene & John Dayton  
Tom & Mary Beaumont  
Tom & Michele Krenn

### BRICKS

Megan Coughlin,  
for Flora Coughlin  
Bagley & Krueger,  
in honor of Rose Schwab  
Nina Comiskey, in memory  
of Dr. Frank W. Knoblauch  
Marsha Weidenhammer,  
for Carol Lichterman  
Dan & Jennie Eurman  
Sherri Weiss & Marie Schwartz  
Jayne Peterson, Jan Hoffman,  
Karen Eide & Hope Stanley,  
for Ryan & Nicole Thuftedal  
in memory of your Mom  
Chuck Neerland & Maureen Kelly Neerland,  
in honor of Martha Head  
Les Bendtsen, in memory of Jim Newstrom  
Kris & Linda Osten, in memory of Jack & Ranger  
Sue & Alan Sadowsky, in memory of Tim Outzen  
Don Rudrud, in honor of Martin Luther King  
Greg & Teresa Burnett, in memory of Mark Stanfield  
Mary White, for Jim & Mary White  
Anita Cornelius & Brad Billings,  
in honor of Christopher & Bianca Jensen

Tim Falencik, in memory  
of James F. Hooper  
John Watz, for  
Gretchen Renich Watz  
Donald LaMere,  
for Jazzy Jeff  
Robert W. Emery,  
for Ann & Bob Emery

### BENCH

Janet McCarthy & Jim Bleichinger,  
in memory of Tim Outzen

### TENNIS COURTS

Chas Salmen & Russ Testa  
Richard Gwynne  
Gregory Holmbeck

Continued on page 5

## Unique Opportunities to Support Loring Park

The Friends of Loring Park works with the Minneapolis Park and Recreation Board to provide financial and volunteer support for Loring Park so that it will continue to serve the recreational and leisure needs of the public.

Friends offers three unique opportunities to honor, remember, or recognize a special person, event or place.

### Donate a brick...

to the Garden of the Seasons. The ongoing personalized brick campaign seeks to replace the asphalt outer walkway of the Garden of the Seasons with a beautiful brick pathway.



### \$75 donation—a 4x8 brick

with three lines of print (14 characters and blank spaces per line)

### \$120 donation— 8x8 brick

with six lines of print (12 characters and blank spaces per line)



Special characters (bell, star, heart) are available for \$10 per symbol. Custom logos: call for quote.



### Sponsor a native tree...

Friends of Loring Park is working closely with the MPRB to support the master plan that will create a vibrant canopy of hardy native trees in Loring Park.

**\$250 donation**

### Dedicate a Bench

to a friend, a loved one, your company or family, or perhaps to remember a special event. Your dedication or message (up to 37 characters) can be forged on the cast iron armrest.



**Bench with personalization — \$3,000**

**Anonymous sponsorship — \$2,500**

Please consider a tax-deductible donation

For further information,

call 612-673-5395

or visit [www.friendsofloringpark.org](http://www.friendsofloringpark.org)

# Support Loring Park Today!

Yes! I'd like to support Loring Park with my tax deductible donation!

**Bench Sponsorship: \$3000 with inscription, \$2500 without inscription**

Inscription - 37 characters including blank spaces:

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Bench is being donated \_\_\_in honor of \_\_\_in memory of :

\_\_\_\_\_

**4x8 Brick Donation: \$75.00**

**Inscription - 3 lines, 14 characters per line including blank spaces:**

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 -----  
 -----

Brick is being donated \_\_\_in honor of \_\_\_in memory of:

\_\_\_\_\_

**8x8 Brick Donation: \$120**

**Inscription - 6 lines, 12 characters per line including blank spaces:**

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Brick is being donated \_\_\_in honor of \_\_\_in memory of:

\_\_\_\_\_

**Awakening Notecards (\$12.00 per 5 pack) Qty: \_\_\_ Total: \_\_\_**

**Loring Scenes Notecards (\$12.00 per 5 pack) Qty: \_\_\_ Total: \_\_\_**

**Loring Scenes Postcards (\$12.00 per 10 pack) Qty: \_\_\_ Total: \_\_\_**

\_\_\_\_\_

**To sponsor the trees or perennials for the park entrance improvements, please call 612 673-5395.**

Your Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Please send notification of my gift to (name and address):

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Total Donation enclosed: \_\_\_\_\_**

Mail this form with your check to: Friends of Loring Park, P.O. Box 52074, Mpls, MN 55402

*Continued from page 4*

## BERGER FOUNTAIN

Allen Brookins-Brown	Yvonne Mullen
L.G. Slarks	Nancy Garrity
Sydna Cheever	Richard L. Gwynne
Judy Morgan	Jeanne Corwin
Beth Davies	Winnie Anderson
Michael D Ketcham	Craig Anderson
Mary Dwyer	Betsy Peregoy
R.L. Rundorff	Paul Frye
Robert & Betsy Bradford	Gary R. Judd
Carole & John Peterson	
Mr & Mrs William S. Posten	
Greg Gaut & Marsha Neff	
Mr. & Mrs. Wallace Small	
Robert Conlin & Paul Herb	
Eric Johnson & Alicia Cozine	
Ian Countryman, in honor of Joyce Countryman	
Kim Williams & Ron Claussen	
Lois Freeberg Requa, in memory of Fred Requa	
Barbara Olson, in memory of Victor D. Olson	
Dr. Anthony Kiorpes, in honor of Ann Adams	
Joyce Countryman, for her son, Alan Countryman	

## GARDENS

Mary McDill	Jan Flagel
Jim Goulet	Ronald G. Perrier
Tom & Diana Ursin	Adrienne H. White
Peggy MacRae	Sara N. Martineau
Edith A. Holmen	Jane Nevin
John & Anne Munholland	Nancy Stenson, in memory of Walter Olson
Afagh R. Mohajeri, in memory of their Mother	
Marcia & John Stout, in memory of Carter Fairfield	
Debra L. Peterfeso, in honor of Tom Rosen	
Helen & Jim Ehrlich, in memory of Larry Gibson	
Mr. & Mrs. K. Weidenhammer	
Robert Conlin & Paul Herb	

*(Continued on p.3)*

**Mission** The Friends of Loring Park was formed to develop financial and programming support for Loring Park. Its purpose is to implement the vision and master plan adopted by the Loring Park community and the Minneapolis Park and Recreation Board. The Friends of Loring Park, a tax-deductible Minnesota nonprofit organization, administers the Loring Park Restoration Fund.

<i>President</i>	Pat Davies
David Hile	Tom Rosen
<i>Vice President</i>	Marcia Stout
Todd Miller	Bill Tresch
<i>Treasurer</i>	Diane Woelm
Richard Anderson	<i>Past Presidents</i>
<i>Secretary</i>	Ione Siegel and
Ede Holmen	Lee Frelich

*Graphic Services, Tib Shaw Webmaster, Bob White*

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## Nesting Box News

Frank Vassen



I was cleaning out the nesting boxes on the island this spring, and I have exciting news: both of the boxes had successful wood duck hatches! One has ten confirmed hatches, and the other four. To confirm, we look for membranes that point to a chick hatching out of the egg. Each box also had a few eggs that did not hatch, but that is typical.

The box on the island's north end housed a screech owl for a short time; I found an owl pellet and fur inside. I'm not an expert, but I believe one clump of fur I found was a rabbit tail! A little help for the garden, much appreciated by all the gardeners I'm sure! I also found many hackberry seeds in both boxes. After doing a little research online, it sounds like wood ducks eat hackberry seeds. Never came across this before that I can recall, very interesting. Happily, the work Teresa and I put into the nest boxes last fall seems to have paid off as there were no signs of mice getting in this year.

I always enjoy being in Loring Park! Please say hello, and let me know if you have any questions or comments.

—Rochelle Rau, MPRB Gardener

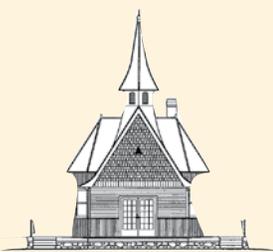
## 2017 GARDEN DATES

Keeping Loring's gardens beautiful is a rewarding task that takes many hands. Everyone is welcome to help, novice to master gardener!

We meet Saturday mornings, from 9 until noon. We hope you'll join us!

- May 20
- June 10
- July 8
- August 12
- September 9
- October 14

To learn more about the gardens, feel free to contact Tom or Leslee: [tomrosen2002@yahoo.com](mailto:tomrosen2002@yahoo.com) [Lhagberg@Minneapolisparcs.org](mailto:Lhagberg@Minneapolisparcs.org)



Friends of Loring Park  
P.O. Box 52074  
Minneapolis, MN 55402

### Garden Hotline

612 673-5395

Visit us on the web at  
[friendsofloringpark.org](http://friendsofloringpark.org)

Want to receive this  
newsletter by email?  
Just call!

## Loring Park Summer Calendar

### ONGOING OFFERINGS

**Gentle Yoga** Less aerobic, deeply effective and designed for all ages. All gain, no pain. Class is drop-in, no need to preregister. \$5.  
6/12 - 8/7 Mondays 4pm—5pm

**Music at Loring** Join us this summer for lunch time music at Loring Park. Bring a lunch and enjoy a mid day break in the great outdoors. No concert July 5. Free.  
6/7—8/16 Weds 11:30am—1:30pm

**Morning Meditation** in the Garden of the Seasons. All ages, all welcome. No registration needed. Free.  
5/19 - 8/25 Fridays 7am—7:30am

**Community Sing-Along** Join your friends and neighbors for this wonderful monthly event. Songs are chosen ahead of time, with music and refreshments provided. Led by Dan Chouinard on piano, Bob White on the violin. Third Tuesday of the month.  
6/20 - 8/15 7pm—8:30pm

### SPECIAL EVENTS

#### JUNE

1 Shakespeare in the Park, 7pm  
10 Acoustic Music Festival, 12-8pm  
24-25 Twin Cities Pride Festival

#### JULY

8 Common Grounds Yoga Fest, 9-5pm  
8 and 9 Basilica Block Party, 5pm  
16 World Refugee Day, 9-7pm  
19 Aquatennial Fun Night, 6-8pm  
29-30 Loring Park Art Festival

#### AUGUST

17-18 Susan G. Komen, 8am-5pm  
25 Picnic Operetta in the Park, 7pm

#### Questions?

Contact Recreation Supervisor Julie Sandin: [jsandin@minneapolisparcs.org](mailto:jsandin@minneapolisparcs.org), 612-370-4779.

To see more offerings or to register for programs, visit MPRB on the web: <https://tinyurl.com/mprb2017>

*The glory of gardening: hands in the dirt, head in the sun, heart with nature.  
To nurture a garden is to feed not just the body, but the soul.*

—Alfred Austin